

Keeping People Connected

for people in County Durham with
learning disability and/or autism



We are doing our best to support people at this difficult time.



We want to help people stay safe, healthy and not feel alone.



Our Keeping People Connected Service is free and we can call you regularly if you need support or if you need to chat.

Please call one of these numbers for support:

If you live in North Durham – **01388 449410**

If you live in East Durham – **07415 861787**

If you live in South Durham – **01325 489999**

If you know someone who would benefit from this service
please contact us or give them this flyer.

Keeping People Connected Durham

Our aims: To keep people connected during the COVID 19 crisis enabling them to stay safe and stay well.

- ✓ Helping people understand their current circumstances
- ✓ Helping people to stay connected
- ✓ Helping people to problem solve
- ✓ Supporting people to get help from other services if needed
- ✓ Ensuring people know what to do and who to contact in an emergency

North Durham includes Chester-Le-Street, Consett, Stanley, Sacriston, Durham City and nearby areas.

East Durham includes Easington, Peterlee, Blackhall, Castle Eden, Horden, Seaham and nearby areas.

South Durham includes Newton Aycliffe, Bishop Auckland, Spennymoor, Sedgefield, Weardale and Teesdale and nearby areas.