

Shopping/hot food – support during isolation			
Source	Service provided	How to access	Info
Newcastle City Council CityLife Line	Provide extra support to protect vulnerable residents of Newcastle	Website – www.newcastle.gov.uk/citylifeline Telephone – 0191 277 8000	Taking enquires for those who need extra assistance. If it is help accessing <i>essential services</i> , contact the above source
Newcastle Grainger Market – The French Oven	Food delivery service £10 box bundles from traders: - The French Oven (Bakery) - Bryan Muers Fruit and Veg - Matthews Cheese Premier Meats	Telephone - 07921 082953 Email - info@frenchoven.co.uk	Minimum spend £15 Delivery cost £2.50 Bank transfer details: Sort code 20-59-59 Account number 20919144
Ferguson Lodge Hub	Hot meal daily	Telephone – 0845 370 6123	Charge applies – enquire directly

Wiltshire Farm Foods	Deliver frozen meals	Telephone – 0800 0773100 Online – www.wiltshirefarmfoods.com	Accepting existing customers OR those who are “extremely vulnerable” only and have NHS text/ letter to confirm this Charge applies – enquire directly
Tyneside Food Services	Chilled, frozen and groceries	Website – www.tynesidefoodservice.com	Charge applies – enquire directly
South Gosforth Fruiterers	Delivery of fruit and veg	Telephone – 0191 258 6751	Charge applies – enquire directly
LA Taxi’s and ASDA	Free travel <u>during reserved shopping times</u> to and from ASDA stores at Gosforth, Benton, Byker and Metrocentre. Taxi marshal also provided where possible to support with their shopping		Currently ASDA are reserving 6am – 9am for vulnerable people. Please check with ASDA and LA Taxi’s for the most up-to-date availability of this service
Blueline Taxi’s and J.R Holland Food Services	Essential supplies boxes: - Essentials box £7.50 - Salad box £10 - Fruit box £10 Veg box £10	Telephone – 0191 209 8015 Facebook – Blueline Taxi Group (send direct message or comment “interested” on post).	Accepting calls 9am-4pm

The Greater Walker Trust	Support with shopping within Byker and Walker area	Email – jen.gwct@hotmail.com	
The Grange Centre	Hot meal deliver	Telephone – 0191 2673728	Charges apply
West End Women and Girls	A daily soup delivery	http://westendwomenandgirls.co.uk/	
Caring Hands	can currently offer and/or arrange (predominantly East End) • Our telephone befriending is continuing and expanding with new volunteers offering help all of the time. • Shopping and delivery • Dog Walking • Meals delivered • Laundry Collection • Telephone enquiries • Benefits Advice – Telephone – Now permitted over the tel • Counselling • Small Aids is under review	contact@caringhandscharity.org.uk Telephone – 0191 261 5234	